



5th Annual Burlington Golf Club Thanksgiving Morning Turkey Trot

Earn Your Bird 5k Fun Run/Walk, Kids' Gobble Wobble & Gobble Gallop
Portion of proceeds to benefit the Maple Leaf Center

Thursday, November 24th, 2016

Kids' Races at 8:45 a.m. followed by 5k Fun run/walk at 9:00 a.m.

Run will take place on the scenic BGC Golf Course** No club membership necessary-everyone welcome

Prizes for all kids' race participants!!

5k Fees: \$20 (w/ shirt) or \$10 (no shirt) for all 5k participants **before or on 11/10/16**
\$25 (w/shirt) or \$15 (no shirt) for all 5k participants **after 11/10/16**
****Special youth rate - age 18 and under - \$10 with shirt before 11/10/16 or \$15 after 11/10/16****
****\$5 youth (age 18 and under) rate if no shirt****

Kids Race Fees: \$10 (w/shirt) or Free (no shirt) for any kids' race participants (must be under age 10)

Race day registration available from 7:30-8:30 a.m. but shirt NOT GUARANTEED

Race packets may be picked up from 5-7p.m., Wednesday 11/23/16, at the Burlington Golf Club or on race morning

Make checks payable to Burlington Golf Club. Forms and Fees may be mailed to Burlington Golf Club, attn: Turkey Trot, 2124 Sunnyside Ave., Burlington, IA 52601

Check us out on Facebook: [www.facebook.com/BGC Turkey Trot Fun Run/Walk](http://www.facebook.com/BGC_Turkey_Trot_Fun_Run_Walk) or Email: adjk0626@gmail.com

Awards: Overall male and female 5k winners and the first three male and female finishers in each age group: 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

Aid Station located at halfway mark. Water and Snacks available post race. Additional refreshments will be available for purchase in the BGC Clubhouse.

Name _____ Age _____ Gender M F
Address _____ City _____ State _____ Zip _____
Email _____ Phone _____

Race: _____ Earn Your Bird 5k: \$20 (\$10 no shirt) before 11/10/16 or \$25 (\$15 no shirt) after 11/10/16
_____ Youth rate 5k-age 18 & under: \$10 before 11/10/16 or \$15 after 11/10/16 (\$5 no shirt)
_____ Gobble Wobble 1/10 mile (ages 6 and under): \$10 w/ shirt, Free w/ no shirt
_____ Gobble Gallop 1/3 mile (ages 7-10): \$10 w/ shirt, Free w/no shirt

**No Refunds Available*

Adult Long-sleeved t-shirt size (circle one): S M L XL 2XL

Youth Long-sleeved t-shirt size (circle one): S (6-8) M(10-12) L(14-16) XL(18-20)

Waiver: "I know that running/walking road races is a potentially hazardous activity. I know that I should not enter and run/walk the BGC Turkey Trot races unless I am medically able and properly trained. All risks associated with running/walking in the BGC Turkey Trot including, but not limited to: falls; contact with other participants; effects of weather; ground conditions are known and appreciated by me. I agree to abide by any decision of a race official relative to my ability to safely complete the BGC Turkey Trot. I grant permission to use any photograph, motion pictures, recordings, or any other record of the BGC Turkey Trot for any legitimate purpose. Having read this waiver, knowing these facts, and in consideration of your accepting my application and non-refundable entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the sponsors and Burlington Golf Club, its directors, employees, members, and volunteers under Iowa Code 504A.101; their representatives and successors, from any and all rights, claims, demands and actions of any and every nature whatsoever that I may have, for any and all loss, damage, or injuries sustained by me, before and after the BGC Turkey Trot, including travel to and from that race."

I, _____ agree to waiver on _____, 2016

I, _____ legal guardian of the above signed minor also agree to waiver on _____, 2016